



# Baby Swim

## Important Information

SportsMed Subiaco proudly offers Baby Swim, a reputable water safety and learn to swim program for parents and their children.

### Safety & Survival

Our Hydrotherapy centre is also home to the Baby Swim Program which allows parent and baby to participate together in a warm, nurturing, aquatic environment.

Babies will learn to dip, hold their breath underwater and surface, learn how to float on their back to rest and breathe. Older children will learn to enter the water from a sitting or standing position, turn around, propel themselves and reach out to grasp the side of the pool to rest.

Baby Swim continues up to the age of 4 and includes transition classes to prepare for formal swimming lessons. All of our instructors are Austswim qualified, highly experienced and have a strong teaching focus on water safety.

Parents need to bring a swimmer nappy, bathers, towels and plastic bag to dispose of nappies at home. Nappy disposal within the medical facility is prohibited by Health Department regulation.

### How To Enrol

- 1 Review timetable on website:  
[sportsmedsubiaco.com.au/services-facilities/baby-swim/](https://sportsmedsubiaco.com.au/services-facilities/baby-swim/)
- 2 Complete enrolment form and email to:  
[babyswim@sportsmedsubiaco.com.au](mailto:babyswim@sportsmedsubiaco.com.au)

### Child Ages

5 months - 4 Years

### Class Duration

30 min session

### Class Size

8 parents, 8 babies per class

### Term Length

10-11 Weeks (coincides with school terms)

### Payment

- Upfront full term payment required at time of enrollment/re-enrollment
- Over the phone payments accepted
- Online bank payments/ fund transfers available
- No refunds
- Make-up lessons possible

Account Name: AITM CASH MANAGER

**BSB: 086-082 | ACC NO: 84-442-7485**

Narration: Baby's full name.

### Notice to parents

- Please be advised, as a courtesy to other participants, only still photography is allowed during classes. No video.
- For hygiene reasons, all nappies are to be taken home after each class.



[sportsmedsubiaco.com.au](https://sportsmedsubiaco.com.au)