

SportsMed Subiaco offers a variety of membership options for patrons of the gym, pool and/or pilates studio who wish to continue using these facilities independently.

Our vision at Sportsmed Subiaco is to empower our patients with the knowledge, tools and strategies to successfully self manage their injuries where possible.

Injury rehabilitation and exercise therapy form a large part of the recovery process and in many cases, becomes the leading preventative measure.

At SportsMed Subiaco we develop injury rehabilitation programs with independence in mind, and advocate unsupervised use of our facilities (eg. rehab gym, pilates studio and hydrotherapy pool) wherever possible.

If you are not receiving physiotherapy from one of our therapists, the independent use of the Gym, Pilates Studio and Pool requires an assessment and development of an appropriate exercise program.

Ask at reception or call today on 08 9382 9600

Rehab Gym Hours*

Monday to Friday 7am-9pm* Saturday & Sunday 9am-5pm*

Hydrotherapy Hours

| Monday to Friday | 7.05am-8am | |
|------------------|-------------|--|
| | 5.05pm-6pm | |
| Monday | 12.05pm-1pm | |
| Tuesday | 12.05pm-1pm | |
| Wednesday | 12.05pm-1pm | |
| Friday | 12.05pm-1pm | |

Pilates Studio Hours**

Monday to Friday 7am-9pm Saturday & Sunday 9am-5pm

Individual Memberships

| Gym/Hydro/Pilates | 1mth | \$65 |
|-------------------|---------|-------|
| | 3mth | \$170 |
| | 6mth | \$320 |
| | 12mth | \$480 |
| Casual Fee | Session | \$15 |

All-In-One Memberships

| Gym/Hydro/Pilates | 1mth | \$80 |
|-------------------|-------|-------|
| Combined | 3mth | \$220 |
| | 6mth | \$400 |
| | 12mth | \$600 |

- * Rehab Gym closed Mon 9.30am-3pm, 6-7pm, Tue 1-2pm, Wed 10-11am, Thur 11am-2.30pm, 6-7pm & Fri 9.30am-12noon due to classes.
- ** Pilates / Gym / Pool Memberships require appointment booking.





What to do if you need to suspend your membership?

In order to suspend your membership you must complete a membership suspension form and submit it to reception. You will receive an email confirmation of your membership suspension, detailing the date the suspension will commence and the new re-commencement date of your membership.

Membership Suspension Request Form

NOTE: Clicking the submit button below will attached a copy of the completed form to a new email for return sending to our office administration.

Memberships may be suspended for the following reasons:

- Injury/Illness must provide a medical certificate
- Holiday/vacation SportsMed Subiaco must be notified prior to the period of suspension

Memberships may be suspended for the following periods:

- 3 month membership –
 2 weeks maximum
- 6 month membership –4 weeks maximum
- 12 month membership –
 8 weeks maximum

Please note

- If you have any outstanding fees, you cannot suspend your membership
- Refunds are not available for suspensions
- Suspensions will not be back dated
- You are not entitled to use the gym, pool or pilates studio during the suspension period. If this occurs your membership will automatically recommence from the date of use

If you need further assistance with your membership suspension, please email: office.admin@sportsmedsubiaco.com.au